



Population Pharmacokinetics: from fundamentals to clinical practice workshop

Wednesday 16 July – Friday 18 July 2025 UQ Brisbane City, 308 Queen Street, Brisbane, Queensland, Australia

#### **PROGRAM**

Wednesday 16 July: Introduction to Pharmacokinetics and Population Pharmacokinetics

## Morning session:

- 09:00 09:30 h | Registration & Welcome
   Welcome participants, introduce the workshop objectives, and outline the agenda.
- 09:30 10:30 h | Pharmacokinetics: Key Concepts for Beginners
   A foundational session introducing the key principles of pharmacokinetics, focusing on absorption, distribution, metabolism, and excretion (ADME).
- 10:30 11:30 h | Understanding Pharmacokinetic Models Introduction to compartmental modelling and parameterisation.
- 11:30 12:00 h | Morning Tea Break
- 12:00 13:00 h | Introduction to Population Pharmacokinetics
   Discuss the basics of population pharmacokinetics, including interindividual variability, residual error, and covariates.
- 13:00 14:00 h | Hands-on: Data Extraction Identify and extract relevant data from a published population pharmacokinetic model
- 14:00 15:00 h | Lunch Break

#### Afternoon session:

- 15:00 15:30 h | Building a dataset
   Discuss key components and structure of a dataset for population pharmacokinetic modelling.
- 15:30 16:15 h | Hands-on: Building a dataset
  Practical session where participants will build a basic dataset.





## Thursday 17 July 2025: Model Building and Validation

# Morning session:

- 09:00 09:30 h | Recap and Overview of Day 2
   Brief recap of Day 1 and an overview of the Day 2 agenda
- 09:30 10:30 h | Components of a Model File
   Overview of the key elements in a model file, including the role of differential equations in defining pharmacokinetic models. Compare how different software platforms organise these components, highlighting the consistency of core information despite structural variations.
- 10:30 11:30 h | Hands-on: Writing a Model File A practical session on developing a model file.
- 11:30 12:00 h | Morning Tea Break
- 12:00 13:00 h | Model Development
   Discuss of the steps involved in developing a pharmacokinetic model, from hypothesis generation to model selection and refinement. Emphasis on the importance of sampling times in parameter estimation.
- 13:00 14:00 h | Model Validation
   Explore internal validation techniques (e.g., goodness-of-fit plots, visual predictive checks, and bootstrapping) and the importance of external validation using independent datasets.
- 14:00 15:00 h | Lunch Break

### Afternoon session:

• 15:00 – 16:00 h | Monte Carlo Simulations and Dosing Optimisation Introduction to Monte Carlo Simulations and their role in pharmacokinetic analysis for dosing optimisation.





# Friday 18 July: Clinical Application of Population Pharmacokinetics Models

### Morning session:

- 09:00 09:30 h | Recap and Overview of Day 3
  Brief recap of Day 2 and an overview of the Day 3 agenda
- 09:30 10:30 h | Software Demonstration
   Demonstration of key software platforms, focusing on user interface, coding requirements, and ease of use.
- 10:30 11:00 h | Morning Tea Break
- 11:00 13:00 h | Hands-on: Software Operation
   Participants will work with the dataset and model file developed in previous sessions to operate relevant software.
- 13:00 14:00 h | Practical applications: dosing software in clinical settings

  Demonstration of dosing software used in hospital pharmacy, with a focus on real-world applications, patient case studies, and best practices.
- 14:00 h | Q&A and Closing
- 14:00 15:00 h | Lunch Break

### Afternoon session (Optional)

An optional session where participants can work on their own dataset with guidance from tutors.

If you have any questions, please contact <a href="mailto:cre.respond@uq.edu.au">cre.respond@uq.edu.au</a>